



GOLD TREE THERAPY

Online Therapy with
Registered Psychologist
Goldie Hamilton

**Professional, Compassionate, and
Empowering Support for Adults
across Aotearoa New Zealand**

- Stress, Anxiety, OCD
- Low Mood, Depression
- Self-Esteem, Relationships
- Life Transitions, Illness, Grief



I offer evidence-based approaches tailored to your needs, in a safe and collaborative space where you can gain clarity, build coping skills, and work towards meaningful change.

**To learn more, visit my
website, or get in touch
to arrange a free 15 min
no-obligation phone call**



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